



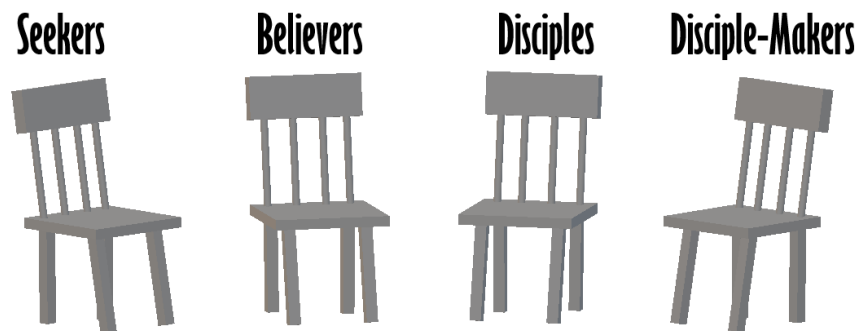
Foundations Student Notes

Lesson 1 – Introduction to Foundations

The purpose of Standing in the Gap is **to be and make disciples of Jesus Christ**. This comes from Jesus' "Great Commission" to his disciples at the very end of the Gospel of Matthew. The word **disciple** means "disciplined follower." The goal of every disciple is **to be like Jesus**.

📖 *Matthew 28.18-20, Luke 6.40, John 14.12*

Our model for understanding spiritual growth comes from Dr. Dann Spader's *4 Chair Discipleship* and consists of four "chairs" or stages of spiritual development through which every Christian can grow:



Seekers are those who are looking for spiritual answers and do not yet have a relationship with God. **Believers** are those who have made a commitment to follow and trust in Jesus. **Disciples** are those who are intentionally helping others to know Jesus more fully. They find ways to point others toward Christ and seek to honor God consistently. **Disciple-Makers** are those disciples who are helping others become disciples. A key characteristic of disciple-makers is the responsibility they take for the spiritual well-being of others around them. Standing in the Gap exists to help every Christian move to the disciple-maker chair!

Our Foundations small group is based on the verses in *Hebrews 6.1-3*.

📖 *Hebrews 6.1-3*