



Foundations Leader's Guide

Leading a Foundations group is a rewarding, impactful, and challenging experience. This guide will help ensure you are equipped to teach your group members and see their lives transformed by the power of the gospel of Jesus Christ.

For each topic, the teacher notes will be divided into 4 sections:

1. Objectives: the **goals** of this week's meeting
2. Preparation: what to do **before** the group meets
3. Meeting Notes: what to do **during** the meeting
4. Resources: FAQs, additional discussion questions, other resources

Throughout the guide, you will see the following icons:

- ☐ Indicates an action to be completed by the leader before the group meeting.
- ✓ Indicates an action for the leader to take during the group meeting.
- ? Indicates a question that can be used by the leader to facilitate group discussion.
- 📖 Indicates a passage of Scripture for the group to read.

Other instructions and tips you may find helpful:

- **Questions** are one of your best tools as a small group leader. Ask questions to learn more about your group members, stimulate discussion, and dig deeper. If someone asks you a question to which you don't know the answer, don't be afraid to admit that you don't know but can find an answer before your next meeting.
- **Prayer** is essential to the success of the group in becoming more like Jesus. Pray regularly for the members of your group, that throughout the semester they would "be filled with the knowledge of God's will so they may live a life worthy of the Lord" (Colossians 1.9-12).
- **Commitment** from both you and your group members is key to the success of the group. Encourage group members to arrive on time. If they cannot commit to regular attendance and punctuality, it may be best if they find another group that works better with their schedule or wait until next semester.
- **Discipleship** is the ultimate goal for every Christian, including those in your Foundations group. As the leader of the group, you can make an enormous difference in the lives of your group members by investing time into them.